

Barbara Stone, PhD, LISW, DCEP
Creator Soul Detective® Method
Spiritual Mentor & Life Coach
1817 SR83, Unit 513, Millersburg OH 44654
Email: contact@souldetective.net Phone: 330-674-7540

COACHING AGREEMENT & DISCLOSURE STATEMENT

Welcome! Thank you for your interest in working with me in person, via Skype, Facetime, Zoom, any other electronic interface, or telephone, whichever is applicable. In my coaching practice I provide a spiritual approach to healing mind, body and spirit. I am providing you with the following information so you can make an informed choice about your decision to engage my services. Please read this information carefully and let me know if there is any part you do not understand.

Services Offered

In my practice I offer several innovative energy-based coaching and self-help techniques based on the newly emerging field of energy psychology (the “Energy Techniques”). Specifically I have developed the Soul Detective method which incorporates several of the Energy Techniques (the “Soul Detective Method”). The Soul Detective Method is designed to help clients resolve the spiritual aspects of emotional disturbances and to assist them in regaining autonomy so they can fulfill their soul’s mission. My intent is to support you in releasing challenges that no longer serve you and support you in examining and creating beliefs that make it possible for you to achieve your goals and experience peace and freedom. My focus is to empower you with tools to assist you in creating the life you desire.

Theoretical Approaches

Energy Techniques

Energy Techniques is a collective term used to refer to a variety of techniques based on the use and modification of energy fields that look at imbalances within the person’s energy system as well as the energetic influence of thoughts, beliefs, and emotions on the body. The theory of the Energy Techniques is that the flow and balance of the body’s electromagnetic and more subtle energies are important for physical, spiritual, and emotional health, and for fostering well-being. A couple of the Energy Techniques I use are Thought Field Therapy (TFT) and Emotional Freedom Techniques (EFT). TFT and EFT use the ancient Chinese meridian system with a gentle tapping procedure which stimulates designated meridian end points on the face and body while focusing on issues of emotional intensity in order to release the intensity and reframe the issues. Another Energy Technique I use is Advanced Integrative Therapy designed to promote emotional, physical and spiritual healing by treating not just the symptoms, but the originating causes of present day difficulties that fracture wholeness and block connection to spirit.

Soul Detective® Method

I created and developed the Soul Detective Method to trace issues to the origin, which may come from the spiritual level or the interface between the spiritual and mental levels, called the intuitive level, where ancestral wounds, soul loss, past life trauma, vows, energetics cords, dark energies, detrimental implants and earth bound attachments can be found. By tracing issues to their origin, the Soul Detective Method is designed to resolve and heal stressful life experiences and other emotional disturbances.

NeuroModulation Technique (NMT)

NeuroModulation Technique (NMT) is an energy medicine technique categorized as informational medicine. Information is believed to be the most fundamental level of energy, and provides the direction our mind-body needs for healthy functioning and balance. It is the NMT position that when the mind-body’s information becomes compromised or confused, illness and disease may develop. Thus, NMT works with the “other than

conscious” part of the mind-body that controls all its functions. It utilizes muscle response testing to access and modulate compromised information with verbal and non-verbal semantic questions and statements. Like EFT, NMT also includes tapping, but in an NMT session, the practitioner taps down both sides of the client’s spine either with fingertips or with appropriate electronic percussion equipment, or in distance sessions, I will instruct the client to tap the sides of the hands together or do surrogate tapping when appropriate.

Although the Energy Techniques, the Soul Detective Method and NMT appear to have promising emotional, spiritual and physical health benefits, these approaches have yet to be fully researched by the Western academic, medical, and psychological communities and therefore, may be considered experimental. Because the Energy Techniques, the Soul Detective Method and NMT are relatively new healing approaches, the extent of their effectiveness, as well as their risks and benefits, are not fully known. By signing this document you understand that the Energy Techniques, the Soul Detective Method and NMT are considered *alternative* or *complementary* to the healing arts that are licensed in the United States. If you ever have questions or concerns about the nature of the theories, methods, approaches and/or techniques I use, please feel free to ask me for further resources or references. Also please refer to my ***Client Guidelines for Private Sessions with Dr. Stone*** incorporated herein by reference and made part of this Coaching Agreement for additional information regarding my services.

Nature of the Relationship

While I am a Licensed Independent Social Worker in the State of Ohio, by signing this document you understand I am offering my services solely as a spiritual mentor and life coach and our relationship is not to be construed as psychotherapy, psychological counseling, or any type of therapy, nor is it a substitute for these services. If you desire a diagnosis or any other type of treatment from a different practitioner, you may seek such services at any time.

Please be advised the Energy Techniques, the Soul Detective Method and NMT are not intended to be substitutes for medical or psychological treatment and they do not replace the services of health care professionals. You agree to consult with your health care provider for any specific health care problems and understand that I may suggest you contact your professional health care provider if I believe it’s advisable. In addition, you understand that any information shared during our sessions is not to be considered a recommendation that you stop seeing any of your health care professionals or using prescribed medication, if any, without consulting with your health care professional, even if after a coaching session it appears and indicates that such medication or treatment is unnecessary.

Risks and Benefits

Please note that it is impossible to guarantee any specific results regarding your goals using any of the approaches I offer. Although clients report positive outcomes, we don’t know how you will personally respond to the approaches I offer. However, we will work together to achieve the best possible results for you. *Your motivation, your ability to use your imagination, and positive thinking are the deciding factors in achieving successful outcomes.* The clinical reports from using the Energy Techniques show no additional side-effects when used appropriately. However, in using the Energy Techniques, including the Soul Detective Method, as part of our sessions together, it’s possible to experience some emotional distress and/or physical discomfort that can be perceived as negative. Unresolved memories may also surface and emotional material may continue to surface after a Soul Detective session and give indication of other issues or incidents that may need to be addressed. You agree to promptly inform me if you experience any emotional distress and/or physical discomfort during our work together, particularly between our sessions. If appropriate, I can help refer you to an appropriate professional health care provider for further assistance. In using the Energy Techniques, it’s possible that previously vivid or traumatic memories may fade which is a positive outcome. However, this could adversely impact your ability to provide legal testimony that carries the same emotional impact as prior to applying the Energy Techniques regarding a traumatic incident. Regardless of our work together, you agree to take full responsibility for your self-care in the emotional, mental, physical, and spiritual dimensions of your life.

Confidentiality

I will keep our work together confidential except as provided by law. I cannot and will not tell anyone else what you have told me, or even that you are using my services without your prior written permission. You may direct me to share information with whomever you choose and you can change your mind and revoke that permission at any time

Education and Credentialing

Masters in Social Work from Western Michigan University in 1984;
PhD in clinical psychology from Pacifica Graduate Institute in 1995;
I am the creator and developer of the Soul Detective® Method.

Diplomate, Comprehensive Energy Psychology from the Association of Comprehensive Energy Psychology
Licensed Independent Social Worker in the state of Ohio
Ordained Minister in the Universal Life Church

Acknowledgment and Consent to Receive Services

By signing this document, you agree that I have disclosed to you sufficient information to enable you to decide to undergo or forgo any of the approaches or other services I offer. You have considered all of the above information and the attached Office Policies & Procedures and have obtained whatever information or professional advice you deem necessary to make an informed decision. You understand that your consent to the nature of our coaching sessions is given voluntarily, without coercion, and may be withdrawn at any time in the future. You represent that you are competent and able to understand the nature and consequences of the proposed coaching sessions and agree to be personally responsible for the fees related thereto. You have discussed with me the nature of the coaching services to be provided and you understand that although I am a Licensed Independent Social Worker in the State of Ohio, I am offering my services solely as a spiritual mentor and life coach and our relationship is not to be construed as psychotherapy, psychological counseling, or any type of therapy, nor is it a substitute for these services. Further you understand the Energy Techniques, the Soul Detective Method and NMT are relatively new healing approaches and the extent of their effectiveness, as well as their risks and benefits are not fully known and you agree to assume and accept full responsibility for any and all risks associated with using the Energy Techniques, the Soul Detective Method and NMT.

By signing in the space provided below, you knowingly, voluntarily, and intelligently assume these risks and agree to fully release, indemnify, hold harmless and defend Barbara Stone, her agents, consultants, representatives and employees from and against any and all claims of whatsoever kind or nature, which you, your family, or your representatives, may have for any loss, damage, or injury arising out of or in connection with your sessions.

Client Name

Date

Client Signature

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OFFICE POLICIES AND PROCEDURES – DISTANCE SESSIONS

Skype for Distance Sessions

I have SKYPE and a webcam. If you have the same, we can do a session via the internet so we can see each other on our computer screens. Skype to Skype calls are encrypted, which means that they are fully confidential. Other electronic video conferencing options such as Google Hangouts, Zoom, Facetime, and other options, may or may not be fully confidential. If using one of these other means, I cannot guarantee full confidentiality of our transmission, and you agree to take that risk. I cannot guarantee confidentiality 100% using the telephone, as lines can be tapped, so if doing a phone session, you as the client agree to assume this risk.

Facetime: My facetime email address is contact@souldetective.net

Fee for Distance Session

The fee is \$160 per hour, and a session is normally an hour and a half, which would come to \$240. If you need extra time and my schedule allows, you may increase your time at the regular hourly rate. My policy is that there is no charge for a five minute telephone call, but longer time is charged at the usual hourly rate.

Payment and Billing

The fee is due and payable at the time scheduled for each distance session. I accept personal checks and also PayPal and Visa and MasterCard credit card payments. Charges are listed under my business name, STONEPOWER.

Cancellation

Please call to inform me if you must cancel: please do not email me as I may be away from my email. If I am unavailable, please leave a message on my answering machine. Except for genuine emergencies, if you cancel your appointment with less than a 24 hours' notice, you will be charged a \$50 cancellation fee.

Appointments

All distance sessions are scheduled directly with me. If I am unavailable when you call, please leave your name and phone number on my answering machine. You can also contact me via email to schedule appointments. My email address is contact@souldetective.net. Please be aware that if you send information in the body of an email, there is some danger that it might be read by a third party. If you are willing to accept this risk, you can communicate with me via unencrypted email.

Availability/My Travel Schedule

Because I travel and teach a great deal of the time, I am not always available for emergency sessions. Clients who choose to work with me need to be willing to work around my limited availability. When I am away traveling, emailing me at contact@souldetective.net is generally the best way to contact me to set up another appointment.